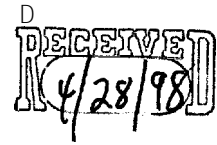




CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

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April 16, 1998

Office of Special Nutritional
HFS 450
200 C. Street SW
Washington, DC 20204

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statement(s):

- . Mood Mender Ultimate Blend is a gentle way to support your natural good mood, with St. John's wort and ginseng standardized extracts, plus essential vitamins, minerals and amino acids.
- . This unique formula contains the right blend of natural ingredients for a positive outlook.
- . Natural support for mood and energy.
- . St. John's wort supports a positive sense of well-being.
- . Siberian ginseng maintains healthy energy levels.
- . B Vitamins, which are easily depleted from the body, help you cope day to day.
- . Chromium helps you maintain normal blood sugar.

Ingredient statement:

Niacin, Vitamin B6, pantothenic acid, folate, selenium, chromium, Vitamin B 12, St. John's wort, phenylalanine, Siberian ginseng extract, tyrosine, lemon balm, rice flour, magnesium stearate, and methylcellulose.

Name of dietary supplement (including brand name):

Celestial Seasonings™
Mood Mender Ultimate Blend

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I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read "Mike Gross". The signature is fluid and cursive, with the first name "Mike" and last name "Gross" clearly distinguishable.

Mike Gross,
Technical Services Manager